



## **NABITA Case Management Advanced Interventions Training & Certification Course Sample Agenda**

### **Description:**

Building on the Case Management Standards and Best Practices course, this practical training course focuses on participants' ability to work 1:1 with students to address presenting issues, reduce risk, and increase safety. The course will deliver an overview of high-impact case management practices, as well as focus on the application of case management techniques with specific presenting issues.

Using an interactive format, participants will work in teams and groups to hone the specific intervention strategies and practice case management services through role plays and case studies. This training equips professionals to work with students with various presenting issues to support the students and increase safety.

### **Learning Outcomes:**

Participants will...

- Gain knowledge regarding high-impact intervention techniques.
- Apply case management intervention techniques to specific cases and presenting issues
- Practice 1:1 service delivery skills.
- Develop an action plan for service delivery.

### **Day One 10:00 AM – 5:00 PM**

#### **Case Management Overview**

- Case Management Overview
- Case Management and the BIT

#### **Case Management Standards**

- Intake
- Action Plan
- Follow-up services
- Referrals/Consultation Collaboration

#### **Helping Skills Overview**

- Overview of Stages of Helping Relationships
- Therapy vs. Non-clinical work

## **Helping Skills**

- Building Rapport
- Empathy
- Active Listening/Attending
- Paraphrasing
- Reflecting
- Asking Good Questions

## **Role Play/Small Group Work**

**Day Two**  
**10:00 AM – 5:00 PM**

## **High-Impact Intervention Techniques Overview**

NOTE: Each of the following sections will cover what the technique is, when it should be used, and how it should be used.

## **De-Escalation Techniques**

## **Transtheoretical Theory of Change**

## **Motivational Interviewing**

## **Solution-Focused Strategies**

## **Demonstration Video**

## **Harm Reduction**

## **Coping Skills and Distress Tolerance Skills**

## **Impulse Control Skills**

Note: Each day will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.